## We'll All Get Through This Together

## **Everyone Must Wear Face Coverings**

Chelsea has the highest rate of COIVD-19 infection in Massachusetts. For the safety of everyone in our community, it is mandatory to wear face coverings.

**Why wear face coverings?** Even people with no symptoms can still carry COVID-19, which means they can spread infection by speaking, coughing, or sneezing near others. Wearing a covering:

Helps prevent you from accidentally passing the virus to others.

Helps protect you from being infected.

**When should I wear face coverings?** Face coverings are mandatory whenever you are in an Essential Business.

If you work at an Essential Business, you must wear a face covering.

If you visit an Essential Business, you must wear a face covering to enter.

## How do I wear a face covering?



To put on: 1. Wash your hands.

2. Place covering over your nose and mouth.

3. Always wear your covering with the same side facing out.

4. Do not touch the covering without washing your hands first.

To take off: 1. Wash your hands.

2. Remove by touching only the outside of the mask.

3. Store in a clean, breathable container like a paper bag.

(Dispose of the container after using.)

4. Wash your hands again.

What types of face coverings should I wear? You can use a store-bought mask, a homemade cloth mask, or a clean, cloth face covering that secures over your nose and mouth.

If you use a medical mask, throw away after using.

If you use a cloth mask, wash and dry it before reusing.

